



SPRING 2022 EDITION

**ILLINOIS ASSOCIATION
FOR
COUPLES AND FAMILY COUNSELING**

*What's in this
Edition:*

IACFC Vision Statement from President Dr Nicole L Thompson
2021 ACA Conference
Scholarship and Program Opportunities
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IACFC Vision Statement from President Nicole L Thompson:

When I think of couples and families, I envision two very complex words that only truly be defined by the individuals who create their meaning. For some of us couples and/ or family can excite feelings of love, warmth, and is perceived as a source of strength, while for others these words provoke emotional memories of great pain and devastation. Both experiences can be known or unknown consciously in our own experiences as well as the people who come to us for help.

I have two visions as President of IACFC :

1. To create an environment that facilitates a deeper understanding of who and what creates or defines a couple and/or family.
 2. To facilitate a community that is committed to the belief that the power of expansive thinking can increase our cultural perspectives and change the attitudes about who couples and families are. In doing so, we can enhance research, improve how we teach and provide clinical supervision, and increase treatment outcomes as it pertains to couples and families.
- However, most importantly, which is what I believe our community is about, learning newer ways to provide couples and families with the tools to create and re-create their own-mission statements that produces strength and a foundation for continual growth.

2021 ACA
Conference



From Left to right:
Dr. Nicole L Thompson, Francisca Gonzalez,
and Portia Brock

See you in
2022

SCHOLARSHIP AND PROGRAM OPPORTUNITIES

The Department of Counselor Education at Northeastern Illinois University is accepting applications for its graduate certificate in Couple & Family Counseling. This 18-credit program is designed for mental health professionals with qualifying graduate degrees and students in graduate mental health counseling programs. Licensed mental health professionals may be able to transfer in up to 9 qualifying graduate credits from previous coursework. For more information, please contact Laura Tejada, PhD, LMFT, LCPC at l-tejada@neiu.edu or 773-442-5521.

The Academy for Couples Therapists founded by Dr. Sara Schwarzbaum

Become a more confident couples counselor! This online program will enhance your skills, no matter what your level of experience, and give you the tools you need to succeed in your work with couples.

Listen to 12 recorded real-life sessions with couples and discuss them in live monthly online meetings. "There is nothing like it!"

"High quality training at a modest monthly rate".

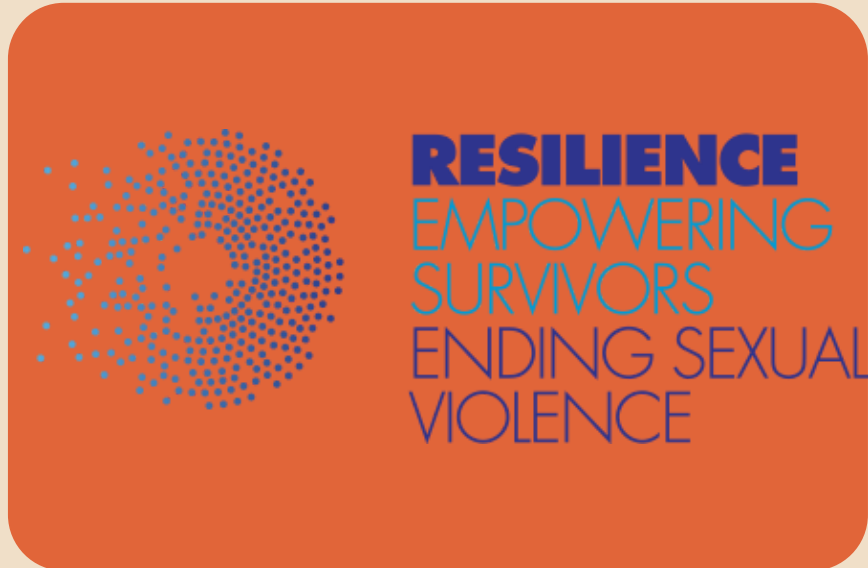
Illinois professionals: You can get 18 CE's.

To see what counselors who joined are saying about the Academy or to register, visit the Academy for Couples Therapists.

<https://theacademyforcouplestherapists.com/>

April is Sexual Assault Awareness Month

Sexual Assault Awareness Month (SAAM) is dedicated to raising awareness of sexual violence and supporting community efforts to prevent it. SAAM is one of the busiest, fullest months for the Resilience community when we hope to engage and connect with you during a variety of events. Our SAAM theme this year is "Uprooting Power and Planting the Seeds of Resilience," which honors and celebrates the ways survivors nurture and grow their resilience, cultivating the strength to thrive. SAAM connects our community in new ways, sustaining the fight to end sexual violence. April will be here before we know it, so mark your calendars for a variety of new and returning events.



SAVE THE DATE

- **T-Shirt Designing Open Studio**
 - Monday, April 4, and Monday, April 11
 - **Wear Teal for Day of Action**
 - Wednesday, April 6
 - **Breaking the Silence Café**
 - Thursday, April 14
 - **Denim Day**
 - Wednesday, April 27
 - ***Standing Silent Witness**
 - Friday, April 29 (*signature SAAM event!)
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UPCOMING EVENTS

Sista Afya Community Mental Wellness' vision is for Black women across the African Diaspora to be free from psychological and physical illness through supporting one another and engaging in accessible mental wellness care that centers the well-being of the whole person.



Sista Afya
COMMUNITY MENTAL WELLNESS

Please go to
<https://www.sistaafya.com/services> to
register for upcoming events

Womencare
Counseling & Training Center

**NEW: Trauma, Adversity and Children: Understanding
the Impact on Learning and Relationships**
Thursday, April 7, 2022, 9:00 am - 12:00 pm
\$70.00 – \$85.00

To register: <https://womencarecounseling.com/> and
click on workshops.